



Athens Plastic Surgery Center: Breast Surgery

Breast Augmentation

Procedure: Breast Augmentation

Purpose: Fuller breasts

Time in surgery: ~1 1/2 hours

Time off from work: ~1 week

Breast augmentation is an outpatient surgical procedure that improves the appearance and increases the fullness of the breasts by inserting an implant underneath the breast, beneath the muscle wall for a natural, full look. This procedure works well for women who wish to enlarge their breast size. The physician will help you to choose an implant size that will compliment your figure and one that is appropriate for your build.

Breast Lift

Procedure: Breast Lift

Purpose: Firmer, higher breasts

Time in surgery: ~2 hours

Time off from work: ~7-10 days

Breast lift, or mastopexy, is an outpatient surgical procedure that removes excess skin from the breast and relocates the nipple to a higher location, resulting in a higher, firmer breast. This procedure is helpful to women who have excessive sagging in their breasts due to pregnancy, weight fluctuation, gravity, aging, heredity, etc.

Female Breast Reduction

Procedure: Breast Reduction

Purpose: Smaller, firmer breasts

Time in surgery: ~5 1/2 hours

Time off from work: ~2 weeks

Breast reduction is a surgical procedure that lifts and firms the breasts by removing excess breast tissue and skin from the breasts. This procedure is an option for women who have excessive breast volume and sagging, and may be experiencing physical discomfort due to the pendulous weight of their breasts.

Male Breast Reduction (Gynecomastia)

Procedure: Breast Reduction

Purpose: Smaller, more masculine breasts

Time in surgery: varies

Time off from work: ~2-3 days

Breast reduction in males, or gynecomastia, is an outpatient surgical procedure that

reduces enlarged male breasts by excising excess breast tissue and liposuctioning fat from the breast area. This procedure is appropriate for men who have breast overdevelopment and are seeking a more masculine breast contour.