



Athens Plastic Surgery Center: Body Contouring

Tummy Tuck

Procedure: Abdominoplasty

Purpose: A flatter, firmer abdomen

Time in surgery: ~2 1/2 hours

Time off from work: ~2 weeks

Abdominoplasty, or tummy tuck, is an outpatient surgical procedure that flattens and firms the abdomen by removing excess skin and fat, as well as tightening of the underlying abdominal muscles. This procedure is effective for individuals who have lost skin elasticity and muscle tone due to pregnancy, cesarean section or significant weight loss and have not seen improvement through proper nutrition and exercise.

Liposuction

Procedure: Liposuction

Purpose: Body contouring/ fat removal

Time in surgery: Varies

Time of from work: ~2-3 days

Liposuction is an outpatient surgical procedure that permanently removes stubborn fatty deposits that do not respond to diet or exercise by breaking up fat cells and suctioning them out. This is not a method of weight loss; it is most effective when combined with good nutrition and regular exercise.

Brachioplasty (Arm Lift)

Information coming soon!

Thigh Lift

Information coming soon!

Body Lift

Information coming soon!